

# PREDILONE Tablets

## Composition:

Each Tablet Contains:

- Prednisolone 5 mg.

## Action:

Predilone (Prednisolone) is intermediate acting synthetic adrenocorticoid with 3-5 times the glucocorticoid potency of cortisone but has low mineralocorticoid activity, so it acts as a potent anti-inflammatory (anti allergic) agent with less potential to produce sodium and water retention and potassium depletion than cortisone.

## Indications:

- All glucocorticoid-responsive conditions including:
  - Rheumatic disorders, collagen diseases & allied conditions e.g: arthritis (rheumatoid, acute gouty , psoriasis), ankylosing spondylitis, bursitis, synovitis, tenosynovitis, rheumatic fever with carditis, systemic lupus erythromatus, dermatomyositis, etc.
  - Allergic diseases of skin, eye & upper and lower respiratory tract (Including asthma).
  - Other skin disorders e.g. pemphigus, psoriasis, seborrhoeic dermatitis, mycoses fungoids, etc.
  - Inflammatory conditions of the anterior and posterior segments of the eye, optic neuritis,



and sympathetic ophthalmia.

- other respiratory disorders e.g. aspiration pneumonitis, severe emphysema.
- Nephrotic syndrome without uraemia.
- Haematological disorders e.g. autoimmune haemolytic anaemia thrombocytopenia, agranulocytosis.
- Neoplastic diseases as leukemias and lymphomas.
- Some cases of hepatitis.
- Non-suppurative thyroiditis.
- Suppression of immunological reactions following tissues transplantation.
- As a replacement therapy in secondary adrenal insufficiency. And in conjunction with a mineralocorticoid in primary adrenal insufficiency ( Addison disease).

### **Use in Pregnancy:**

Except when strictly indicated, corticosteroids should not be used during pregnancy specially in the first trimester.

### **Dosage:**

#### **1 - Disease therapy:**

- Dosage must be individualized according to the severity of the disease and the response of the patients.
- Dosage must be decreased or discontinued gradually. Administration of ACTH during withdrawal period enhances the return of

**normal adrenocortical function specially when high doses are given for short periods in acute stages.**

- **In presence of infection, the appropriate antimicrobial should be given.**
- **Tablets are to be given with or after meals.**

## **2 - Adults:**

- **Usual initial dose: 4-6 tablets (up to 12 tablets in some acute cases) daily in 3-4 divided doses.**
- **Usual maintenance dose : 1-3 tablets daily.**

## **2 - Children:**

- **Dose per kg . body weight :140 ug-2 mg/day according to the condition given in 3-4 divided doses.**
- **Approximate dose in children over 5 years:**
  - **Usual initial dose: 2-3 tablets daily higher doses may be required in some acute cases.**
  - **Usual maintenance dose : 1/2- 2 tablets daily.**

## **Packing:**

**Boxes of 10 tablets**