

# **BIDARWES EFFERVESCENT SALT**

Mild Laxative - Cholagogue

## **Composition:**

Magnesium sulphate 0.8 gm.

## **Properties:**

Magnesium sulphate , the active ingredient in BIDARWES , causes osmotic retention of fluids in the intestinal lumen leading to distention of the bowel wall that reflexly stimulates intestinal peristalsis . It also stimulates the release of the hormone “ Cholecystinin “ from the duodenal mucosa which causes contraction of the gall bladder and more activation of the intestinal peristalsis . In addition , Magnesium sulphate causes relaxation of the sphincter of Oddi allowing entry of bile into the duodenum.

## **Indications:**

- For temporary relief pf constipation.
- As a Cholagogue in cases of sub acute and chronic non- calcular cholecystitis and gall bladder dyskinesia , and as a prophylaxis against formation of biliary stones in such cases ( by preventing bile stasis ).

## **Dosage:**

- As a mild laxative : the contents of 1-2 sachets to be given in a half glass of water before breakfast ( action within 1-2 hours ).
- As a Cholagogue : 1 sachet in a half glass of water to be given before meals.

## **Packs:**

Boxes of 20 sachets each of 5 gm.